

# **Supervision Systems & Structures with The Thinking Academy**

Reflective Supervision is a non-judgmental and collaborative process where education practitioners are supported to reflect on their value, practice, relationships, the educational demands of their work, and the impact of these and the wider education system on their psychological well-being. This can be achieved on a one-to-one or group basis. Accessing external supervision can be costly over time so developing internal systems and practices can be a great way to allow all staff to access the supervisory space.

## Supervision Systems & Structures is suitable for:

Any member of staff who is willing to provide reflective supervision for individuals and teams within their school.

### **Benefits & Impact**

Providing supervision for colleagues to be open and share thoughts and feelings in a safe space can be incredibly cathartic and can lead to a more functional workplace. Provision of supervision in schools creates a safe space for the trained practitioner to:

- Support, hear, value and understand colleagues better
- Develop curiosity on issues through questioning and active listening
- Learn new knowledge, skills and tools to be supervised and be a supervisor
- Build positive relationships with work colleagues
- Gain wider knowledge and understanding of situations and issues
- Have insight into work/life balance challenges and support colleagues well-being and effectiveness
- Identify emerging needs and training requirements

#### **Structure & Strategy**

Supervision Systems & Structures will focus on building the knowledge and skill set of a practitioner to lead, develop and manage reflective supervision within their setting. Supervision Systems & Structures with The Thinking Academy will:

- Create a Reflective Supervision Policy unique to the individual setting
- Identify the need for reflective supervision and co-create an effective system and structure for supervision
- Provide tools and models for launching supervision with staff, contracting with supervisees, session design and evaluating impact and effectiveness
- Develop skills for the practitioner to lead supervision with greater confidence
- Allow regular supervision for the Supervisor for ongoing development and learning, with modeled sessions if needed

## **Costs & Details**

The Thinking Academy has full public liability insurance and adheres to the ICF code of ethics.

Costs for supervision structure are £2000+VAT for up to two practitioners to lead supervision in their setting, including 14 hours of individual support, materials and tools.

#### **Buttons**

Ready to start? Got a question?

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